



08/03/2017 - Office Visit in Orthopaedics at CHH (continued)

Clinical Notes (continued)

	11:16 PM	10:12 AM
Height:		1.803 m (5' 11")
Weight:	104.3 kg (230 lb)	104.3 kg (230 lb)
BP:	151/96	134/79
Pulse:		80
Temp:	37.1 °C (98.7 °F)	
Resp:	16	
PainSc:		0 - Zero
PainLoc:		Arm (Left)

BMI: 32.08 kg/(m²)

No past surgical history on file.
There is no problem list on file for this patient.

Current Outpatient Prescriptions: acetaminophen (MAPAP) 325 mg oral tablet, TAKE 3 TABLET(S) ORALLY THREE TIMES DAILY, Disp: , Rfl:
albuterol (VENTOLIN HFA) 90 mcg/actuation inhalation HFA aerosol inhaler, INHALE 2 SPRAY(S) ORALLY FOUR TIMES DAILY AS NEEDED FOR SHORTNESS OF BREATH, Disp: , Rfl:
gabapentin 600 mg oral tablet, TAKE 2 TABLET(S) ORALLY ONCE DAILY 150MG, Disp: , Rfl:
gabapentin 600 mg oral tablet, TAKE 1 TABLET(S) ORALLY THREE TIMES DAILY, Disp: , Rfl:
Minocycline HCl 100 mg oral tablet, TAKE 1 TABLET(S) ORALLY TWICE DAILY, Disp: , Rfl:
oxyCODONE (immediate release) 5 mg oral tablet, Take 1 tablet by mouth every six hours as needed., Disp: 15 tablet, Rfl: 0
gabapentin 600 mg oral tablet, TAKE 1 TABLET(S) ORALLY AT BEDTIME, Disp: , Rfl:
gabapentin 600 mg oral tablet, TAKE 1 1/2 TABLET(S) ORALLY ONCE DAILY, Disp: , Rfl:

Allergies

Allergen	Reactions
• Sulfa (Sulfonamide Antibiotics)	Unknown
Unknown reaction in childhood.	

10 point ROS reviewed in the clinic today
Family history reviewed and is non contributory

On physical exam patient is overweight male in no acute distress, alert and oriented to person and place. He has motion intact with wrist extension and finger extension. He has skin intact at left upper arm and no obvious swelling. There is some bony thickening/prominence along left upper arm but not tenting or tight areas. No ecchymosis and patient has intact flexion and extension of the elbow active and passive but not full. He is very stiff at his shoulder with passive motion and was hesitant to move the shoulder.

Films taken and reviewed with dr. orfaly

Impression: left distal humerus fracture, angled, sub acute with early signs of healing

Plan: at six weeks out recommended continued non op treatment. Attempted to use sarmeinto but it was not approved



3181 SW Sam Jackson Park Rd Sullivan, Cyrus
Portland OR 97239-3011 MRN: 01939430, DOB: 6/26/1983, Sex: M
Visit date: 8/3/2017

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Clinical Notes (continued)

from the law enforcement officers with him today so used a sling. He was encouraged in gentle motion of both elbow and shoulder with limited weight bearing and follow up in four weeks with repeat left humerus films. He will continue get and wean from pain meds via the facility he is currently incarcerated in and may use over the counters as able to within that facility to help with weaning from narcotics. Risks and benefits provided including permanent restriction in motion at elbow or shoulder, non union or delayed Union, on Going pain or need for future surgery. Written paperwork was provided to guards regarding plan. Questions answered to patient satisfaction.

Electronically signed by Amy Sothern, PA at 08/03/17 1804

Imaging

Imaging

X-RAY HUMERUS 2 VIEWS LEFT (Completed)

Electronically signed by: Amy Sothern, PA on 07/20/17 0827

Mode: Ordering in Delegation Protocol mode

Ordering user: Jennifer Paul, MA 07/18/17 1645

Authorized by: Amy Sothern, PA

Frequency: 07/18/17 -

Quantity: 1

Diagnoses

Pain of left upper extremity [M79.602]

Order comments: AP and LAT

Communicated by: Jennifer Paul, MA

Ordering provider: Amy Sothern, PA

Ordering mode: Delegation Protocol

Class: Auto Schedule

Status: Completed

Indications

Pain of left upper extremity [M79.602 (ICD-10-CM)]